

Christmas traditions

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In Poland we celebrate Christmas for three days. On 24th December there is Christmas Eve. This day is a very special family time. Polish people have dinner when the first star appears in the sky. There are 12 traditional dishes served. Traditional menu usually includes: a betroot soup (barszcz), dumplings with stuffing (pierogi) and some cabbage dish. Before the meal Polish people share with Christmas Wafer. After Christmas Eve people often sing carols and go to a special service at midnight at church.



Another nice Christmas tradition is a gift giving. Children usually find gifts under Christmas tree. People hardly ever go to the restaurant in Poland, but have a meal at home with family and close friends. Lots of houses are decorated with nice Christmas lights and decorations. Christmas tree decorated with lights and home made ornaments is the most popular Christmas decoration



Christmas is family time. People visit in their houses and spend lots of time together. They often sing carols and eat a lot delicious christmas food. Sometimes carol singer dressed in funny costumes visit houses with their small nativity scenes. In the city center there is christmas market where you can buy traditional christmas food and decorations.

